

St Michael & All Angels Beetham  
**Remembrance Sunday**  
**10th November**

The Act of Remembrance will take place at the Beetham War Memorial at 10.45am, followed by the Remembrance Eucharist in church



**Church Grand Hamper Raffle**

The Annual Christmas Grand Hamper Raffle will take place on Saturday 30th November. Once again the Friends of Beetham Church will be creating plenty of magnificent hampers. Donations of bottles, jars, tins, cakes, and sweets would be gratefully received and can be left at the back of the church.



Tickets are available from the Friends Committee or at the School Winter Fair. The raffle will be drawn at the Fair and winners will be notified if they have been the lucky recipients!

*Good luck...*

**Autumn Soup Lunch**  
**in Beetham Church**  
**Saturday 9th November**

from 12 to 2pm

Hot mugs of soup with bread  
 Tea, coffee and cake also available  
 Donations to our fund for new boilers for the church will be gratefully received  
 All welcome!



**Brightening Beetham**

**Saturday**  
**7th December**

**Music, mince pies and mulled wine in the church from 3.30pm**

**The Big Christmas Lights Switch-on at 4pm**



**CONTACTS FOR THE PARISH OF ST. MICHAEL AND ALL ANGELS, BEETHAM**

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*Please do be in touch with Andrew you would like to receive the parish email, if there is any support or encouragement he can offer, if you would have any questions about services church life or the Christian faith, or if you would like anyone or anything remembered in prayer. He would be very pleased to hear from you.*



[www.beethamstmichaelandallangels.co.uk](http://www.beethamstmichaelandallangels.co.uk)

*~~~ HOPE ~~~*

Not usually stuck for things to write about, inspiration has eluded me. There is just too much going on in the World. I have more questions than answers if I find an answer that throws up more questions at times. This is not unique to me, but as I look out upon this perfect autumn morning, surrounded as we are with such beauty and nature that despite our best efforts continues to adapt and to selflessly give, some small beacons of HOPE begin to appear in the corners of my busy mind.

According to The Oxford English dictionary, HOPE is 'the desire and search for a future good that is difficult but not impossible to achieve.' But my small voice and the voices of others cannot change the World overnight. Throughout history people have died fighting in the hope and belief that after this battle, things will be better. HOPE restored. We rightly acknowledge this every November 11th, lives lost then, lives lost even as we stand at the memorial, all in the HOPE futures will be better.

In the interest of balance I looked for a reference in the Bible. One that resonated with me. In the Bible, HOPE is a confident expectation of a future blessing rather than a wish or dream. It is characterised by moral certainty, confidence and a desire for something good in the future. I do not pretend to know my way around the Bible, but I can always find ways of questioning many things in it. That is the way I am. Why? What? Whom? When? How much??... (not Biblical but a constant question!).

FAITH and HOPE are distinct yet related. That there is a difference between FAITH and HOPE is evident in 1 Corinthians 13:13

*'Now these three remain : Faith, Hope and Love. But the greatest of these is Love'*

Many of us will recognise these words, if not their origin. LOVE is the foundation on which we can build. I want to save the World, we all do. For ourselves and our children and our children's children. A Herculean task. What we can do is start closer to home by loving yourself. It is not an act of selfishness.

*The biggest way you can change yourself is by learning to love yourself unconditionally. So, to be clear, you can help me change the world by changing your own world through unconditional love for yourself. And when you do, it's like magic, because everyone around you will also change'*

*Don Miguel Ruiz Jr*



Self love is where it begins. At the beginning and at the end of each day I find at least six things to be grateful for. Very quickly my gratitude spreads like an unattended patch of weeds to create a meadow seeded with HOPE.

We try to love and care for where we live, love our community and care for those within it. If we all did our little bit, the ripples on the pond would soon become waves of HOPE and LOVE. What more of a fitting tribute to all those lives lost would that be.

But it would seem though that trying to keep things 'simple' is the hardest for us to achieve.

**Much LOVE and KINDNESS and HOPE as always,**

*Tess Rowlands*

# Letter from The Curate

## Doing nothing is doing something!

November comes round again. This month sees the annual Guy Fawkes celebrations, Remembrance Sunday, Anti-bullying week in schools, and, of course, World Jellyfish Day (!). But did you know that November also hosts Buy Nothing Day?! Originating in Canada in the 1990s as an antidote to the greed of Black Friday\*, Buy Nothing Day happens each year the day after Thanksgiving in the United States.

So many of our special days and events encourage us to *spend* money. We only need to look at the way the shops have been filled with plastic spiders, brooms and plenteous sweets of late, and the many shelves of Christmas items that already line the aisles to see examples of this. Buy Nothing Day is a refreshing take on a celebration and prompts us to reflect on how, when and, perhaps, where we spend our money.

Consumerism is a fairly common trap that we can fall into. I think lots of us would admit to having many things that we don't actually need. It can also be easy to let material possessions become a primary focus in our lives, sometimes at the expense of more valuable things like our relationships, our time or our faith. It's important to remind ourselves of the things we can really treasure.

It's recorded in Matthew's Gospel that Jesus said: *"Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also."* (Matthew 6.19-21)

The loving treasures that God gives us are enough to fill our hearts to overflowing. The psalmist certainly believed this when he wrote: *Your love is better than life* (Psalm 63.3)

Part of the message of Buy Nothing Day is to get us to think about how we use the money that we do spend too. When we were unpacking our grocery delivery at home last week, my 10-year-old son asked why the bananas weren't Fairtrade. A very good question! (And well done to local schools who have got our children thinking about this!) I didn't have a valid excuse for my son. It can be all too easy to opt for the cheaper item without thinking about how wiser spending can affect the lives of those in need.

Maybe you, too, could be encouraged to reflect on how, when and where you spend your pennies and pounds... Is there something that you could do for the better with your spending (like buying Fairtrade products)? Or, perhaps, this Black Friday (or our next shopping day) we can ask ourselves if we really need to fuel the world of consumerism with an unnecessary purchase, or to add another item to the growing mountain of single-use plastic, etc?

Sometimes, the answer is simply to say no. *Doing nothing is doing something!* (<http://buynothingday.co.uk/>). It's a great motto and reminder for us *all* to put a pause on all activity from time to time (not just shopping!) and appreciate what good rest can do for us.... But that's the making of another letter, so I'll stop here!

With love & prayer,  
Hannah

\*Find out more about the origins here: Nov 29th 2024 - [www.nationaltoday.com/buy-nothing-day/](http://www.nationaltoday.com/buy-nothing-day/)



## Beetham Village Soup Lunches in the Church

**First\* Wednesday of the month from 4th December,  
11.30am - 1.30pm** (\*The January Lunch will be on the 8th)  
**Pop in for a chat and delicious homemade soup and bread**  
**There is no charge & all are welcome**



## St Michael & All Angels Beetham Church Services for November

Date	Time	Service
Sun 3rd	11am	All Saints Eucharist
	6pm	All Souls Evensong
Weds 6th	10.30am	BCP* Holy Communion
Sun 10th	10.50am	Act of Remembrance
	11am	Remembrance Eucharist
Sun 17th	11am	Parish Eucharist
	6pm	BCP Evensong
Sun 24th	11am	Parish Eucharist
	6pm	BCP Evensong

Please see weekly Pewsheet for details  
\*Book of Common Prayer



## Baptisms

Sunday 29th September  
Nancie Dee Cummins

Sunday 20th October  
Poppy Olivia Blenkham

We welcome them into the Beetham Church family

## Funerals

Tuesday 1st October  
Elizabeth Semark

Friday 25th October  
Anne Richardson

May they rest in peace



## Kendal Salvation Army

### CHRISTMAS PRESENT APPEAL

We provided presents for 232 local children, aged 0-16 years, last Christmas. This year the number in need is likely to increase. For each child we provide a main present and a few other gifts.

#### Could you donate any of the following?

- a 'main' present
- a chocolate selection box
- something to read
- something to do (art/craft/colouring book/felt tipped pens)
- something to cuddle,
- something to wear (hat/scarf/socks)
- something to play (board game/jigsaw)
- something smelly (bubble bath/soap)

Thank you for making a real difference  
to a child's life this Christmas.

## Salvation Army Toy Appeal

Over the years millions of children have benefitted from this appeal and you can make a real difference to a child this Christmas. Toys must be new, and can include dolls, teddy bears, bath toys, cars, colouring sets, books, puzzles, jigsaws, craft items, stationery and educational games. You can also bring gloves, scarves and hats.

If you would like to donate please leave your gifts at the back of the church

Thank you for your generosity

Tess Rowlands

## Clive Holden

It was with great sadness that we received the news that Clive Holden passed away in October. Clive had attended Beetham Church for many years, and assisted his wife Val in her role as the Church Verger. He continued to be a regular lesson reader, particularly at Evensong and on special occasions.

As Quizmaster, Clive always ran the successful Shrove Tuesday Annual Quiz and when the pandemic lockdowns prevented this from going ahead he was undaunted and started the monthly 'Brain of Beetham Quiz' in The Gateway to keep our minds challenged. His gentle humour and intellect will be missed by all.

## Prayer...Coming home



This module offers encouragement to us as we seek to come home to God and to ourselves. We will encounter a range of Christian spiritual practices and provide the opportunity to reflect on our own experience.

The module will run weekly on zoom from Tuesday 5th November to Tuesday 3rd December (from 7.00pm to 8.30pm), and will be led by members of the Cumbria Ecumenical Spirituality Group [www.cesg.org.uk](http://www.cesg.org.uk)

To book, contact Jo Maybury on [assistantcesg@gmail.com](mailto:assistantcesg@gmail.com)



## St Michael & All Angels Beetham

# Advent Carol Service

on  
Sunday  
1st December  
at 6pm

All welcome



### Church Heating Appeal

As highlighted in the October edition of The Gateway we are facing a number of challenges with the upkeep of our church, with increasing running costs, external repairs identified in our statutory Quinquennial Report on the fabric of the building, and the risk of our 25 year old boilers failing and unable to replace the necessary parts. Lack of heating would cause the fabric of the building to deteriorate further and we have therefore launched a Heating Appeal to help to raise the balance of funds needed to replace the boilers with a more energy efficient system. Events will be held to raise funds over the coming months, and direct donations would also be very gratefully received if you are able to help in any way (contact the churchwardens for details)

**The first of these events is a Soup Lunch - "It will warm you up twice!"** ~ Ever heard the old adage that chopping wood warms you up twice? (When you chop it and when you burn it!) Well the same will apply if you join us in church on Saturday 9th November for a soup lunch from 12 to 2pm. Come and have a warming mug of soup with bread. Tea, coffee and cake will also be available. Beetham Community Band will be practising in the church beforehand so why not come early and listen? Donations towards the cost of our new boilers will be very gratefully received and once we reach our fundraising target, the new boilers will warm you a second time! Hope you can join us

**Increasing Heating Efficiency** ~ We are very grateful to Diocesan Adviser Charles Howarth for encouraging us to clean out our heating ducts around the church. They have probably not been cleaned since their Victorian installation, and the lower of the two pipes in each duct was almost buried under 140 years of dust, losing significant heat. Thank you to the enthusiastic team who spent a long afternoon on their knees clearing out the debris!



Dorothy MacLeod

Jenny Marks





Well here we are in November and so soon. When I was very much younger, five years ago or so, November was the countdown to Christmas. Starting of course with Halloween and sledging on to Christmas. Like the shops, virtual or otherwise, musicians have to start early. So on a Saturday morning be prepared for festive tunes emanating from Beetham Church. It is the brass section that speaks to our soul at Christmas. It resonates through the chilly atmosphere and heralds a feeling of better times ahead. We will be popping up around and about so look out for Beetham Community Band!

**'IF YOU WANT ME TO STOP LISTENING TO CHRISTMAS MUSIC IN NOVEMBER, ALL YOU HAVE TO DO IS ASK ME, SO I CAN SAY NO'**  
OurMindfullife.com

Unapologetically a quote used before, but it makes me smile. As you know I am always proclaiming the benefits of music. I am living proof of using music and vocal techniques to restore my speech and singing, not to mention everyone's overall well being. So for some welcome relief, I shall now defer to our newest member, Sarah, for her thoughts on joining us. Please note(?), no money exchanged hands...

*"I am really enjoying Band practice. I was welcomed by all and helped to find an instrument that I could play. There is no pressure, no judgement. We all make mistakes and that is how we learn and improve. Playing in a band is good for my brain, good for my hand eye coordination and fine motor skills. We are a team and I enjoy that sense of belonging and collaboration. There is a lot of funny banter but we got the job done- practicing for gigs on the calendar. It is a good sound we make in the beautiful setting of Beetham Church. Best possible start to the weekend!"*

**Sarah, euphonium player**

So hopefully Sarah's story will inspire you. All I can add is it is never too late to start. So for more information please contact me on 07725580095.

Enjoy November. Much love and kindness always. Tess

**IT'S FINALLY NOVEMBER, MARIAH CAREY AND MICHAEL BUBLE ARE DEFROSTING AS WE SPEAK'**  
OurMindfullife.com

### Patronal Festival

Our Patronal Festival of Michaelmas - the Feast Day of St Michael & All Angels - was celebrated on Sunday 29th September, beginning with the Patronal Eucharist Service in the morning

An Afternoon Tea was held in the reordered space at the back of the church and thanks go to all who provided large quantities of delicious homemade sandwiches, scones, and cakes. Thanks also go to the enthusiastic team of people serving and making teas and coffees for such an enjoyable social event

We were delighted to welcome the Rt Rev Rob Saner-Haigh, The Bishop of Penrith, to join us for a special Michaelmas Choral Evensong. During the service Bishop Rob offered a blessing and thanksgiving for the Reordering Project that had been completed exactly one year earlier. With many thanks to Bishop Rob and all who contributed to the worship and music of the occasion



### Christmas at Beetham

- Dates for your diary:-*
- 1st Dec Advent Carol Service
  - 7th Dec Brightening Beetham
  - 22nd Dec Festival of Nine Lessons & Carols
  - 24th Dec Christingle & Crib Service
  - 24th Dec Midnight Mass
  - 25th Dec Christmas Day Eucharist

*This year's Christmas cards will be on sale at the back of church from mid-November*



### Church Harvest Supper

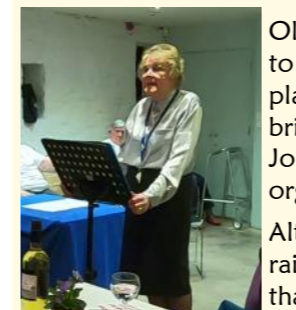
This year's Annual Harvest Supper was held on Friday 11th October, once again to a full house in the Heron Corn Mill Barn. As always the hot pot and apple crumble supper with all the trimmings (and seconds!) was excellent and our grateful thanks go to Alison Thompson's team for their wonderful cooking and service

The supper was followed by the raffle organised by Colin and Julie Clarke and thanks go to all who provided so many prizes, and to Colin and Julie for persuading people to part with so much money!

Then it was time for 'Team Great Beetham' to fly the flag and provide the entertainment for the evening. These intrepid (and slightly ageing) Olympians brought a sporting mix of sketches, music, song, dance and poetry to the amusement and laughter of the audience (generally in all the right places).

The evening was compered with great fun by Tess Rowlands and brilliantly sewn together with music from Geoff Field. Gold medals go to John and Dianne Lomax and the Friends of Beetham Church Committee for organising the event, setting up in the afternoon, and cleaning afterwards

Although a social rather than a fundraising event, we were very pleased to raise £300 for Church funds. Hopefully the pictures speak for themselves that a great evening was had by all!



# School Corner



We have had an extremely busy month during October.

We welcomed Peter Nutsford into school to speak to us about Africa and Borneo. He showed us photographs from his travels as well as his home in Kenya. We were also able to see traditional African jewellery, clothing and carvings.

Class 3 visited Dallam to take part in a Skittleball and Basketball festival. All of our teams did really well and enjoyed their time competing.

We also welcomed Paul from Carlisle Diocese who delivered sessions to the whole school on outdoor spirituality. He encouraged everyone to appreciate their surroundings and to think about the part we all play in the bigger picture during Forest School type sessions.

All of our classes took part in our Harvest Festival; performing songs and poems for parents and visitors. Class 1 also visited the local fields as part of their learning to see the farmer and combine collect the maize for the animals. Thank you to everyone who donated to the collection of food for the Milnthorpe Area Foodbank.

Our big news this month is the arrival of our two school minibuses. The FOBS have worked hard over the last few years fundraising to be able to purchase the buses - which we are extremely grateful for. The two buses now enable us to be able to take full classes out on trips and to events. In the short time that we have already been able to increase learning opportunities through visits to the local area such as Leighton Moss and Grange over Sands.

Class 2 visited Leighton Moss as part of their learning about habitats. Children enjoyed some bird spotting (even catching sight of a rare Bearded Tit), climbing to the top of the viewing tower, hunting for wooden Bitterns hidden in the reeds and using their map reading skills to find different birds around the reserve. A picnic lunch in the sun rounded off a fantastic day outdoors.

Class 3 visited Grange over Sands. The children had a wonderful time exploring the different churches within the town as well as recreating some of the historic photos they have been using in their Geography, in the modern era. Thank you to everyone who was able to show us around the different venues.

We have once again been given some daffodil bulbs by Beetham Nurseries and Taylors bulbs. This year we have planted some in our school pots, taken some home and also delivered some to our local community to help spread our value of love and ethos of Caring for everyone.

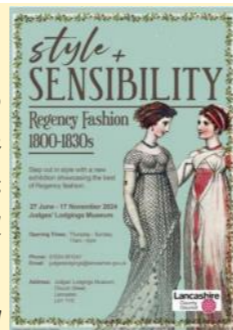
Our term came to an exciting end with our FOBS Disco. Children dressed as spooky characters, took part in fun games as well as boogied away to some classic disco music. Thank you to everyone who came and all those who helped to organise and provide entertainment and food.

Best wishes, Abi Johnson



## A busy month for Beetham WI

During a very wet Thursday at the end of September, some of our members met on the bus going to Lancaster and after coffee at the castle we went to see the 'Style & Sensibility' Exhibition at the Judges' Lodgings Museum. The Regency Fashion items were displayed around the museum so it was a more informative visit than we expected exploring all the rooms and other exhibits. We finished off with lunch nearby before catching the bus home. The exhibition continues until 17 November.



For our regular monthly meeting, members enjoyed a practical papercraft session creating cards using a technique called 'Iris Folding'. This originated in the Netherlands in the 1980s and involves folding strips of coloured or patterned paper (or material) into a specific pattern (using a template) - the final result supposedly resembles the iris of a camera, hence the name.

Later in October, a few members visited the Lakeland Motor Museum at Backbarrow where there is a wide variety of vehicles as well as the Campbell Bluebird exhibition. They also enjoyed learning the history of the Dolly Blue Packaging factory which used to be on the site. A visit to Café Ambio in its riverside setting ended the visit.

We have been busy creating poppies to attach to a wreath which will be displayed in the church this year for Remembrance Sunday and will include a few other coloured poppies. As well as the Red poppies remembering all those who sacrificed their lives in WW1 & 2 - and conflicts since - there are other coloured poppies that represent specific groups who all contributed to the war efforts in various ways. These include Purple for Animals; Black for Black, African & Caribbean communities, Yellow for the Canary Girls and White for Peace.

Our next monthly session will be on Thursday 14<sup>th</sup> November with a talk (2-3pm) upstairs in The Wheatsheaf by a member of Cosy Homes Team about Cumbria Action for Sustainability. Any guests are very welcome - just a £5 fee to include coffee/tea and biscuits afterwards. Contact Jeanette, our Secretary at [beethamwi@gmail.com](mailto:beethamwi@gmail.com) for information.



## Winter at Sizergh

22 November –  
24 December 2024,  
12–8pm

Book  
your tickets,  
starting from  
£3

Begin a new family tradition at Sizergh. With a Christmas light trail, a story of Christmas past in the house, festive crafts, food and drink and more, there's something to enchant all ages.



[www.nationaltrust.org.uk/winter-at-sizergh](http://www.nationaltrust.org.uk/winter-at-sizergh)

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### MILL TOUR & DEMONSTRATION

Friday 6th Dec, 11.30 - 1pm

**BAKING WITH KATE**

Wednesday 20th Nov, 11am - 2pm

**CRAFTING WITH ERIKA**

Monday 4th Nov, 1 - 4pm

**CRAFTERNOON**

Tuesday 19th Nov, 1 - 4pm

**POWSOWDIE**

Wednesday 27th Nov, 11am - 2pm

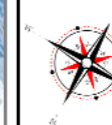
**WRITE BY THE RIVER**

Wednesday 26th Nov, 11am - 3.30pm

**RUSTIC AFTERNOON TEA**

Saturday 16th Nov, 2pm - 4.30pm

Heron Corn Mill, Mill Lane, Beetham, LA7 7PQ  
015395 64271 - [info@heronmill.org](mailto:info@heronmill.org) - [www.heronmill.org](http://www.heronmill.org)



### Quest Lecture Group

A friendly group, meeting at the  
Athenaeum village hall, Leasgill, LA7 7ET

14 Nov ~ Norman Harris

'USA Coast to Coast by Harley Davidson'

28 Nov ~ Taffy Thomas

'Storyteller Laureate - Legends of the North'

All meetings are on Thursdays, starting at 10:00am. Guest tickets for individual meetings £2.50, tea/coffee included. Enquiries to Adrian Tayler: [aptayler@gmail.com](mailto:aptayler@gmail.com) 01539 564030



015395 52548

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## Beetham Village Facebook

A dedicated facebook group  
for Beetham village

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## the HERON theatre

November What's On

Friday 1st Nov ~ 'Poor Things' (Film)

Sunday 3rd Nov ~ Eden Baroque (Sunday Music)

Friday 8th Nov ~ Coward At Sea (Drama)

Tuesday 12th Nov ~ Vincent Van Gogh (Art on Screen)

Saturday 16th Nov ~ Jiannis Pavlidis Trio (Music)

Friday 22nd Nov ~ The Plot Thickens (Drama)

Saturday 30th Nov ~ Indian Music & Dance (Music)

Friday 6th Dec ~ 'The Eight Mountains' (Film)

Book tickets online [www.theherontheatre.com](http://www.theherontheatre.com)  
email: [boxoffice@theherontheatre.com](mailto:boxoffice@theherontheatre.com) ~ tel: 015395 64283  
Evening performances start at 7.30pm. Sunday Music 2.30pm.  
Exhibition on Screen 2pm. Refreshments available  
The Heron Theatre, Stanley Street, Beetham, LA7 7AS

### Beetham Parish Council

Next meeting will be in Beetham CE School  
Monday 4th November at 7pm

Members of the public are welcome to attend  
Previous minutes and details of the Councillors can be  
found on the website at [www.beethampc.co.uk](http://www.beethampc.co.uk)

KENDAL SOUTH CHOIR  
directed by Geoffrey Field

## GLORIA!

Vivaldi Gloria  
Rutter Requiem  
Pergolesi Stabat Mater

Saturday 16th November, 7.30pm  
St George's Church, Castle Street, Kendal

with  
Ellie Blewitt (soprano)  
Ellen Griffiths (mezzo-soprano)  
Andy Plowman (organ)

Tickets £15 (under-18s free)  
from choir members or at the door  
or Ticketsource  
[kendalsouthchoir.weebly.com](http://kendalsouthchoir.weebly.com)



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